

# What to expect during your procedure

## Admission

### Meet the admitting nurse

A nurse will come out and will call your name and bring you across the hall to admitting.

They will take your height and weight and will take your temperature. They will confirm the procedure you are having along with your name and date of birth. You will have an ID band placed on your left wrist.

### Admitting bay

You will be directed to the admitting bay, where your nurse will

- Review your medical history
- Ask about the last time you ate or drank
- Will talk about how your preparation went for the procedure.
- Take your vitals, offer you a chance to use the bathroom, and will have you change into a patient gown and socks. We provide a patient bag to put all of your personal belongings into- these will move with you during your stay.

Once changed, you will get in the patient bed on top of the folded sheet and will be given a warm blanket.

### IV placement

The nurse will then place your IV. Please let your nurse know if you have concerns about needles, they will walk you through the process. Once the IV is placed you will receive normal saline, this helps to keep you hydrated and keep the vein open.

Your nurse will then dim the lights to let the nurse anesthetist know you are ready to go.

## Procedure

### Meet the nurse anesthetist (CRNA)

The CRNA will come into the admitting bay and will review your medical history. They will ask any anesthesia-related questions and will then wheel your bed to the procedure room.

### Procedure room

When you are brought into the room, you will meet the physician and the GI tech that will be assisting during the procedure. The physician will review the risks of the procedure and will have you sign the consent forms. The team will also verify your name, date of birth, and the type of procedure you will be having.

The GI Tech and CRNA will help you get positioned correctly for the procedure prior to you receiving sedation. Once the sedation is administered through the IV, you will drift off to sleep.

### During the procedure

You will be monitored closely during the entire procedure by the CRNA. The physician will be moving the scope and watching the video image on a monitor. The GI Tech will be providing the physician with any needed equipment and ensuring you remain covered and comfortable.

Once the procedure is completed. You will be wheeled out to the recovery bay. In most cases, you will still be asleep as you leave the procedure room.

## Recovery

### Recovery bay

The CRNA will bring your bed out to a recovery bay and will communicate to the recovery nurse how your procedure went. The recovery nurse will monitor your vitals and assist you with waking up from sedation. Sometimes this can be challenging, as patients say it feels like the best sleep and they don't want to wake up. However, it is important to get you up and awake so that the doctor can come and speak with you.

Your recovery nurse will give you directions about getting dressed. If you asked to have your ride present in recovery, the nurse will bring them back to your recovery bay. The doctor will come and speak with you when you are alert. Due to sedation, you may not recall the conversation with the doctor, we will send you home with a summary of what the doctor tells you.

### Discharge

Once you are dressed and have spoken with the physician you will be ready to be discharged. The nurse will review your discharge instructions, give you a copy of your instructions, and your procedure report, and will walk you out to the hallway where you and your ride can continue on with your day.

If your ride has not arrived yet, we will have you wait in our recliners until they come up to the suite to get you.

### Rest of the day

You will need to follow the discharge instructions provided. You can resume a normal diet right away. If you had sedation you should avoid alcohol (including beer), driving, and making important decisions for the rest of the day.

Please call our office if you have any questions after your procedure 503-229-7137.