

# Northwest Gastroenterology Clinic

## Weight Loss and Diabetic Medication Instructions

Some weight loss and diabetic medications known as glucagon-like peptide-1 (GLP-1) receptor agonists, will need to be stopped for a short length of time before your procedure. Stopping the medication will help decrease the risk of complications related to delayed gastric emptying.

Use the instructions below to determine when to stop taking these medications.

### GLP-1 Medications

Medication Brand Name	Medication Generic Name	Frequency Taken	Instructions
Adlyxin	Lixisenatide	Once daily	Stop taking at least 24 hours before your procedure
Bydureon	Exenatide extended release	Once per week	Stop taking at least 8 days before your procedure
Byetta	Exenatide	Twice daily	Stop taking at least 24 hours before your procedure
Monjourno	Tirzepatide	Once per week	Stop taking at least 8 days before your procedure
Ozempic	Semaglutide	Once per week	Stop taking at least 8 days before your procedure
Rybelsus	Semaglutide	Once daily	Stop taking at least 24 hours before your procedure
Saxenda	Liraglutide	Once daily	Stop taking at least 24 hours before your procedure
Trulicity	Dulaglutide	Once per week	Stop taking at least 8 days before your procedure
Victoza	Liraglutide	Once daily	Stop taking at least 24 hours before your procedure
Wegovy	Semaglutide	Once per week	Stop taking at least 8 days before your procedure

### Other Medications



#### Other diabetic medications

Medications like Metformin (biguanide) and Insulin can be continued following these directions:

- Take 1/2 of your regular dose the evening before your procedure.
- Do not take any the day of your procedure.



#### Other weight loss medications

- Medications like Contrave can be continued.
- Phentermine & Qsymia should be stopped 4 days before your procedure.