

Northwest Gastroenterology Clinic

Weight Loss and Diabetic Medication Instructions

Some weight loss and diabetic medications known as glucagon-like peptide-1 (GLP-1) receptor agonists and sodium-glucose co-transporter 2 (SGLT2)-inhibitors, will need to be stopped for a short length of time before your procedure. Use the instructions below to determine when to stop taking these medications.

GLP-1 Medications- stopping these medications will help reduce the risk of complications related to delayed gastric emptying.

| Medication Brand Name | Medication Generic Name | Frequency Taken | Instructions |
|-----------------------|----------------------------|-----------------|---|
| Adlyxin | lixisenatide | Once daily | Stop taking at least 24 hours before your procedure |
| Bydureon | exenatide extended release | Once per week | Stop taking at least 8 days before your procedure |
| Byetta | exenatide | Twice daily | Stop taking at least 24 hours before your procedure |
| Monjourno | tirzepatide | Once per week | Stop taking at least 8 days before your procedure |
| Ozempic | semaglutide | Once per week | Stop taking at least 8 days before your procedure |
| Rybelsus | semaglutide | Once daily | Stop taking at least 24 hours before your procedure |
| Saxenda | liraglutide | Once daily | Stop taking at least 24 hours before your procedure |
| Trulicity | dulaglutide | Once per week | Stop taking at least 8 days before your procedure |
| Victoza | liraglutide | Once daily | Stop taking at least 24 hours before your procedure |
| Wegovy | semaglutide | Once per week | Stop taking at least 8 days before your procedure |
| Zepbound | tirzepatide | Once per week | Stop taking at least 8 days before your procedure |

SGLT2 Medications- stopping these medications will help reduce the risk of complications related to euglycemic diabetic ketoacidosis.

| Medication Brand Name | Medication Generic Name | Frequency Taken | Instructions |
|-----------------------|-------------------------|-----------------|--|
| Brenzavvy | bexagliflozin | Daily | Stop taking 4 days before your procedure |
| Invokana | canagliflozin | Daily | Stop taking 4 days before your procedure |
| Farxiga | dapagliflozin | Daily | Stop taking 4 days before your procedure |
| Jardiance | empagliflozin | Daily | Stop taking 4 days before your procedure |
| Steglatro | ertugliflozin | Daily | Stop taking 4 days before your procedure |

Other Medications



Other diabetic medications

Medications like Metformin (biguanide) and Insulin can be continued following these directions:

- Take 1/2 of your regular dose the evening before your procedure.
- Do not take any the day of your procedure.



Other weight loss medications

- Medications like Contrave can be continued.
- Phentermine & Qsymia should be stopped 4 days before your procedure.